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## Our Board of Directors

LOAFERS, Inc. is incorporated as a not-for-profit 501(c)3.

### Officers

Roxanne Cherico .....President  
 Lavita Marks..... Vice-President  
 Dawn Harrell ..... Treasurer  
 Janis Smith .....Secretary

### Directors

Danita Cole ..... Director  
 Lucretia Copeland..... Director  
 Lorraine Schroder..... Director  
 Margaret Thibodeaux..... Director

### Newsletter

Danita Cole .....Editor  
 Dawn Harrell ..... Tech Writer

**REMINDER: Administration Fees were due in January! See Page 10 for ways to pay.**



## LOAF NEWSLETTER

PO Box 7207, Houston, TX 77246-7207

[loafhoustonTX@gmail.com](mailto:loafhoustonTX@gmail.com)

Issue: No. #2023-2

February 2023

## February Calendar

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

Not Specifically LOAF-Sponsored Event

- Saturday, February 4..... ActiveLOAFers ..... 10:00 am**  
 Memorial Park Walk
- Sunday, February 5..... Seafood Sunday ..... 11:00 am**  
 Flying Fish
- Monday, February, 6, 13, 20, 27... Mexican Monday .....2:00 pm**  
 Los Cucos
- Monday, February 6, 13, 20, 27....Ladies Bowling .....6:45 pm**  
 Delmar Bowling Lanes
- Thursday, February 9..... Board of Directors Meeting .....6:00 pm**  
 Online Via Zoom
- Saturday, February 11.....WOTM Tea Dance .....5:00 pm**  
 Neon Boots
- Sunday, February 19..... Meet and Greet .....2:00 pm**  
 LOAF Bingo & Games
- Saturday, February 25..... LOAF Paints the Town 2023.....5:00 pm**  
 Reserve your spot for details
- Friday, February 24 ..... Newsletter Deadline ..... COB**

## ActiveLOAFers

### February: Memorial Park Loop Walk

**Saturday, Feb. 4, 2023 - 10:00 AM**

**1001 E Memorial Loop Dr  
 Houston, TX 77007**



This month we are going back to the Memorial Park Loop. We will meet in the Becks Prime parking lot (\$1.50) at Memorial Park at 9:45 AM. We will gather behind Lorraine's white Prius, then start walking promptly at 10:00 AM on the easy 3-mile loop. Most walkers average between 20 and 30 minutes per mile. We usually have a slower group and a faster group within these average paces. [Sign up here!](#) so you get day-of communications.

## March: Pickle Ball Returns



**Date: March 18th**  
**Time: 3:00-5:00 p.m.**  
**554 Lockwood Dr.,**  
**Houston, TX, 77011**

<https://bumpypicklehtx.com/>

We love Pickleball! No experience necessary. LOAF has one court reserved for 2 hours. Balls and paddles are provided by LOAF. We will play doubles and rotate players after short games. Reminder - water, sunscreen, hat. Be sure to sign-up to get updates.

[Sign Up Here](#)

## Thoughts and Prayers

Please keep the following LOAF members in mind. A card, email or phone call is always welcomed.

- Our Board member Lucretia Copeland was in a fender bender after leaving last month's Meet and Greet. She has bumps & bruises and stress from it all. Prayers are appreciated.
- Susan Fronek (she is house bound) 713-393-7664 2829 Timmons Lane, #147, Houston, TX 77027.
- LOAF member Karen Green passed away after a long illness. Condolences to her partner Melanie Nau.
- Condolences to Brenda Krueger.
- Continued Prayers for healing and recovery for Jo Boardman She has been home since October. She is doing great. Still not walking on her own but gets around great on a rolling walker. Calls and cards would cheer her up. Dee Wigal is staying with her presently. Her email is [Jo8294550@outlook.com](mailto:Jo8294550@outlook.com)
- Deborah Bradford is requesting continued affirming prayers for her fiancée Jan Mann, who is making rounds to doctors to discover the cause and solutions for her current condition.
- March Long-time member, Lou Martin is now in a small residential home near Missouri City. Lou is 99 and if you'd like to contact her, perhaps we can get an address. I'm sure she would appreciate hearing from you.

If you would like to be added to this list or know of someone who should be either added or removed from this list, please send an email to [loafhoustontx@gmail.com](mailto:loafhoustontx@gmail.com).

### Welcome New Members!

**Debbie Beach**  
**Kim Bowman**  
**Ramona Kolacz**  
**Terri Setterlund**  
**Sharon Tominovich**



## February Birthdays

- 2/15 Judith Tompkins
- 2/19 Wilma Arnold
- 2/19 Janis Smith
- 2/25 Jackie Donovan
- 2/27 Susan Brown



## In Memoriam - February

- 2011 Jennie Gates
- 2021 Karen Elaine Green
- 1999 Rita Massey
- 2015 Fran McMillan
- 2018 Andrea Rosen
- 2016 Lucy Watson
- 2015 Carole Weise
- 2002 Carol Williams
- 2021 Iris Woo

## Meet and Greet

### February 19th: Game Day

We will be playing games this month. LOAF Bingo will be happening. Bring blotters if you have them; highlighters will be available. Janis is bringing Farkle if someone doesn't want to play LOAF Bingo. There will be prizes for the winners!



### March 19th: Pizza & more



We are going to try a new pizza place to Meet and Greet & mingle from 2:00-4:00, March 19th.

**2202 A West Alabama St. Houston, TX 77098, Upper Kirby**

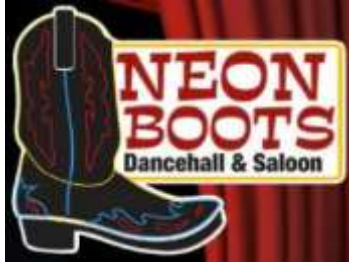
Named "2022 Top 10 Pizza Restaurants in the Country" by Gayot.com, Houston's best pizza by PaperCity & OutSmart magazine 2016 & 2021 readers' choice award, listed by Eater.com as a Top Excellent Pizza Restaurant in Houston, and awarded The A+ Award by KPRC Channel 2 News! **Come check it out!**

Serving authentic Neapolitan pizza baked in an 800° woodfired oven. The menu also includes small shareable plates, salads, entrés & desserts ... with a full bar.

.. [Bollo Woodfired Pizza \(bollohouston.com\)](http://Bollo Woodfired Pizza (bollohouston.com))

## Socials:

### February 11th: Valentines Tea Dance



Our regular meeting of Womyn on the move at Neon Boots will be a little more festive in honor of Valentines & all things dance. We are going to have a Tea dance!

Light snacks will be available, and you can get your drinks at the bar. Hopefully there will be some boot scootin' & line dancing on the dance floor and where laughter and good times prevail. **We gather from 5-7 PM.**

So, how about some history!

Tea Dances have a radical, inclusive place in social justice history: providing space for LGBTQ people when they were criminalized for being themselves.

It was illegal until the mid-1960s for bars in New York to sell alcohol to people known to be gay, and New York City police would conduct raids on establishments catering to them. Three years [before the Stonewall Riots](#) on June 28 and 29, 1969, gay New Yorkers were finally allowed to drink in the bars, but with a catch: Bars could lose their liquor licenses if they were found to be hosting gay people drinking, dancing, kissing members of the same sex and even taking someone home, behavior that was lumped into the criminal charge "disorderly conduct."

Hence, gay men in the area began to hold tea dances outside the city as an alternative venue for meeting. In New York, these generally took place on Sunday afternoons. Serving tea rather than alcohol made them more acceptable and less law-defying. Because they were held in the afternoon, attendees could catch a ferry and return home and be ready to work on Monday morning.

The proscription against same-sex dancing was still in effect and gay men were not allowed to dance together by law, so organizers were forced to institute 'no touching' rules. The only way it could happen was in a group. The line dance was born. Dances like the "Hully Gully" and "The Madison" allowed men to dance together as long as there was at least one woman involved. It became the rage in the Pines. The dancing was monitored by someone up on a ladder with a flashlight and megaphone to observe, if the men got too close the light would be shined on them. The dance would be featured in the 1970 film "Boys in the Band."

## March 3-5: Members Camping Trip

Our camping weekend is quickly approaching! It begins Friday March 3 to Sunday the-5th, 2023, (or longer)

**Huntsville State Park** 565 Park Road 40 W,  
Huntsville, TX 77340

Please make your reservation and send your site number to Roxanne at [isis8555@yahoo.com](mailto:isis8555@yahoo.com) so we can keep a list of where everyone will be. Thanks! Reservations so far: (by site): 16, 17, 20, 21, 22, 23, 30, 31 (Do we have any additions?)

<https://tpwd.texas.gov/state-parks>

**Because the campsites are very quickly spoken for, we suggest you make you reservation as soon as possible. They are going fast!**



Day pass entrance permits may be reserved up to one month before your visit. Day passes are especially important for weekends and holidays and at our busiest parks.

If you reserve a spot and are unable to make it there will be no refund, but you may be able transfer it to someone else. Note: Shelter reservations may require a cleaning deposit

### WHAT LOAF WILL NOT DO:

- Clean and prep any shelter spaces. This is the responsibility of the women staying in the shelters.
- Provide cleaning supplies.
- Clean up shelters after people leave. If shelters are dirty, deposits will be forfeited.
- Arrange transportation to / from camp ground.
- Decide who sleeps in what shelters. Shelter space will be assigned as people reserve and pay. Swaps are allowed but we must be notified.
- Provide any handicap accommodations beyond what the camp ground offers.
- Provide food.
- Pay for anyone's medical care. In addition, participating in this activity is at your discretion, LOAF is not responsible for any costs incurred as the result of illness or injury.
- Resolve interpersonal disputes.

Please understand women will be staying at a variety of camping options. Full hookup, electrical and water, primitive camping, and campground shelters. We will not all be staying together but we can all have fun together



## LOAF Paints the Town 2023



Join us for LOAF's third paint and sip event on Saturday, February 25<sup>th</sup> from 5-7 pm. If you have never participated in a paint party before, you have a treat in store for you!

Painting parties are fun and energetic experiences. As usual, ABSOLUTELY no art experience is needed. A professional artist and her husband will provide step-by-step instructions, so every participant will have a good time and end up with a beautiful, finished product. All supplies will be provided, including an 8" x 10" canvas. All you need to have is a creative attitude and your beverage of choice! To make that clear, this event is BYOB! There will be a few things we are doing different from prior events.

First, our artwork is going to be a SURPRISE! The artist will be instructing us how to paint it and the canvas will reveal itself as we paint. A new experience for sure ... but fun! Your final piece of artwork will be sure to add color to your home, OR you can give it as a gift to a friend!

Second, our venue is near Memorial City Mall, so a different area of town.

Third, we are going to try this hosting this event without taking deposits. If we have a lot of "no-shows," then we will revert back to taking deposits next time. **Reservations are required no later than February 18th.** Non members are welcome on a self-pay basis. If you have questions about this event before deciding to participate, email Dawn at [dr.harrell13@yahoo.com](mailto:dr.harrell13@yahoo.com). When you are ready to make a reservation, email Dawn at that address with the number in your reservation. Complete details will be provided after your reservation is received.

***This event is made possible by our John Steven Kellett Foundation, Inc. grant.***



## Past Events -January

### Meet and Greet – Arden Eversmeyer

As you all know we had a Celebration of Life for our LOAF founder this past month at the Montrose Center. It was a somber but loving gathering of chosen family and friends. For those in attendance we thank you for coming and helping us share our memories of a soul who will forever be an amazing legend in the community.

The National Women's History Alliance will be hosting an Arden Memorial Zoom in April We will provide that information as soon as we have it.

Following is a poem from one of our members who wanted to share her thoughts of Arden with us all, followed by another Remembering.

### *What She Left Undone Yet Not Left Undone*

**By Beatrice Stewart**

I was thinking of you, Arden, and the grocery shopping you and Barb did so that you wouldn't need to shop for several weeks.

And how you loved to cook,  
How you joyfully spoke of looking forward  
To the cooking and eating all the goodies you'd bought  
For your breakfasts, lunches, and dinners  
Now, left undone.

You often spoke of your race to outlive your  
95 -year- old mother by a day.  
Now, left undone.

Your weekend visits to your friend, June  
Because neither of you had living relatives.  
Now, left undone.

And yet

Building healthy, mentoring relationships  
Throughout the world and especially in the LGBTQ  
community  
You did not leave undone.

Setting the stories and names of lesbians of all  
Races, all religions and backgrounds  
Into Herstorical history  
You did not leave undone.

All the minds and hearts of the young and the old  
Whom you helped in some way  
To courageously set sail upon this perilous and  
wonderous ocean of life.  
You did not leave undone.

But for your love and hard work...  
Your friendship making and wisdom shared...

your ability to bring organized order out of chaos,  
Many 'Good works' have not gone undone.

Now, O Lord, our sister Arden's work on earth is done.  
We commend her loving soul into your infinite bosom  
Where she continues her work on Higher levels  
Still bringing forth wonders done.

### Remembering Arden Eversmeyer

We claim her - she was born here in Wisconsin. She had a Wisconsin heart although someone from Texas stole that heart.

But we brought her back here. We lured her with squeaky cheese curds and freshly made strawberry rhubarb sauce. With asparagus soup, sprigs of dill floating on top. With homemade hummus, whirred smooth and tasty. With zucchini flowers, stuffed with cheese melted gooey on the inside, fried crispy on the outside. "She calls it a kitchen sink salad" she raved to her Texas buddy, digging into the crisp romaine and leaf lettuce, frost-sweetened spinach, just picked baby carrots, vine ripened tomatoes, pea pods, cucumbers, walnuts, cranberries, hardboiled eggs, scallions, and anything else that was in the house that day. We'd get up early to start cooking and there would be Arden, already awake, sitting in the rocking chair with a cup of coffee and a lesbian novel, looking out the window as the sun rose over the lake.

Now you might think it was the women that lured her here. After all, hundreds of women would descend on Madison every July and they filled the air with music and the sound of their laughter. Arden was drawn to the women's music; it lifted her spirit; gave her joy to watch and listen as they jammed into the night. Of course, it was the women.

OK, so maybe the food was only part of it. But another big part of it was the good, honest, heart to heart talk that happened during the breakfasts of whole wheat

toast slathered with the homemade peach jam she brought us and the lunches of pasta salad or spinach pie, and the dinners of vegetarian tacos or eggplant parmesan. We talked about coming out, intimate stories of how we got to where we are today, our

passion for justice, and always about lesbians. Sometimes we cried when we talked, sometimes we smiled and shook our heads. But all the times, we supported and encouraged each other, often with good advice coming from Arden's years of experience.

OK, so maybe Arden can't be claimed by any one place. She liked to wander, her heart anywhere she could bring lesbians together and hear their stories. We're just so happy that sometimes she turned up here. Like one of her favorite singer/songwriters would say, we were just "so lucky."

Arlene Zaucha, Madison, Wi

### Pickleball

There were about a dozen ActiveLOAFers who came out to participate in Pickleball last month. All levels of ability were represented as we laughed and paddled our way to fitness. We even had a couple more that just came to cheer us on! This is such fun activity! We hope to see you at courtside soon!



### Social at Sudie's





## Other Social Opportunities

The following events are not LOAF-sponsored functions but many of our LOAF members participate. Please feel free to attend and enjoy community with each other in different atmospheres.

### Womyn on the Move, February 11th

Second Saturday of the month dances at Neon Boots with **Womyn On The Move**, from. Join us to dance, visit, and mingle at a comfortable and friendly place. No Cover Charge either.

### Mexican Mondays, Every Monday

Meet for a late lunch on Mondays at Los Cucos Mexican Cafe, 10690 Northwest Fwy, Houston, TX 77092. The ladies meet at 2 PM. February dates are:

- 6th
- 13th
- 20th
- 27th



**Los Cucos**  
MEXICAN CAFE

### Seafood Sundays, February 5th

Get "fishy" with other ladies on the first Sunday of the month at the Flying Fish, 1815 N. Durham Dr, Houston, TX 77008. Fishiness begins at 11 AM.



### Bowling League, Mondays, 6:45 pm

Join a team or just come out to visit with the ladies of the Houston Women's Bowling league on Mondays from September 12<sup>th</sup> thru mid-April at Delmar Bowling Lanes.



### HWG, Sundays, 10:30 am

THE HOUSTON WOMEN'S GROUP is a diverse multi-generational feminist group for all women, that meets every Sunday at 10:30am at the First Unitarian Universalist Church, 5200 Fannin at Southmore Blvd. and via Zoom. Each woman defines her own feminisms. After the group adjourns those that choose to do so gather at a nearby restaurant to enjoy a meal and further conversation. To receive the Zoom link and to be added to the announcement list please send an email to: [HWomensGroup@gmail.com](mailto:HWomensGroup@gmail.com) with "Sign Me Up" in the subject line.

## SPRY

**Law Harrington Senior Center**  
**2222 Cleburne St, Houston, TX 77004**



SPRY (Seniors Preparing for Rainbow Years) is up and running again, but in a

new location at the Law Harrington Senior Center. You do not need to be a resident there in order to enjoy the activities that include:

- social and recreational activities
- health and wellness education
- and the Montrose Diner drop-in center and free lunch program.

The drop-in center is open **Monday – Friday at 9:30 a.m. Lunch is served at noon.** Arrive early, have some coffee, visit, play games, and join other optional activities as planned.

New lunch guests must be 60+ years old, residents of Harris County, and can contact Fred Reninger at (713) 485-5056 or [freninger@montrosecenter.org](mailto:freninger@montrosecenter.org) to register

Learn more about SPRY services at <https://www.montrosecenter.org/services/spry/>

## TheatreLOAFers

### New Group Now Forming!

Have you ever wanted to go to a play, musical, or concert but ...

- You didn't know what opportunities were out there?
- You didn't have anyone to go with?
- You realized that a ticket for you and a date to a downtown venue might cost you more than \$250?

Many of your fellow LOAFers have felt these same limitations and we know there are several local stages around town with more reasonably priced events. So like-minded LOAFers would like to get together informally to attend some of these offerings. These attendances would not be underwritten or partially funded by LOAF.

LOAF member Julie Fisher has volunteered to be our Chairperson, so now we can move forward with compiling some events to attend.

Stay tuned for additional events in the new year!

If you see something you think we might be interested in, feel free to email me with the details at [dr.harrell13@yahoo.com](mailto:dr.harrell13@yahoo.com).

## King Cake Recipe



Let the good times roll with this authentic king cake recipe! The famous Mardi Gras dessert is surprisingly easy to make at home. A king cake is a type of cake that's

associated with Mardi Gras, New Orleans, and parts of the Gulf Coast. It's a ring-shaped pastry that's usually covered in icing, then topped with yellow and purple edible glitter or sprinkles. The cake traditionally contains a porcelain or plastic baby that is supposed to bring good luck to whoever winds up with it in their slice.

### Pastry

- 1 cup milk
- ¼ cup butter
- ⅔ cup warm water (110 degrees F/45 degrees C)
- ½ cup white sugar, divided
- 2 (.25 ounce) packages active dry yeast
- 2 eggs
- 1 ½ teaspoons salt
- ½ teaspoon freshly grated nutmeg
- 5 ½ cups all-purpose flour

### Filling

- 1 cup packed brown sugar
- ⅔ cup chopped pecans
- ½ cup all-purpose flour
- ½ cup raisins
- 1 tablespoon ground cinnamon
- ½ cup melted butter

### Glaze

- 1 cup confectioners' sugar
- 1 tablespoon water
- 1 plastic baby doll

### Make pastry:

1. Scald milk over medium heat. Remove from heat and stir in butter. Allow mixture to cool to room temperature.
2. Stir together warm water, 1 tablespoon white sugar, and yeast in a large bowl. Let stand until creamy, about 10 minutes.
3. Add cooled milk mixture to yeast mixture and whisk in eggs. Stir in remaining white sugar, salt, and nutmeg. Beat flour, 1 cup at a time, into milk/egg mixture. Once dough comes together, turn it onto a lightly floured surface and knead until smooth and elastic, 8 to 10 minutes.
4. Place dough in a lightly oiled bowl; turn to coat. Cover with a damp cloth or plastic wrap; let rise in a warm place until doubled in

volume, about 2 hours. When risen, punch down and divide dough in half.

5. Preheat the oven to 375 degrees F (190 degrees C). Grease 2 cookie sheets or line with parchment paper.

### Make filling:

1. Combine brown sugar, pecans, flour, raisins, and cinnamon in a bowl. Pour melted butter on top and mix until crumbly.
2. Roll each piece of dough into a 10x16-inch rectangle. Sprinkle filling evenly over dough and roll up tightly like a jelly roll, beginning at a wide side. Bring the ends of each roll together to form 2 oval-shaped rings.
3. Place each ring on a prepared cookie sheet. With scissors, make cuts 1/3 of the way through the rings at 1-inch intervals. Let rise in a warm spot until doubled in size, about 45 minutes.
4. Bake in the preheated oven until an inserted toothpick comes out clean, about 30 minutes. Check often for doneness so the ring doesn't overbake.

### Make glaze:

1. Stir together confectioners' sugar and water in a bowl until smooth.
2. Push doll into bottom of one warm cake. Drizzle glaze over both warm cakes.

## Health and Wellness

### 8 Apps to Help You Sleep Better



Sleep is important for many aspects of our health. Experts generally recommend [seven to nine hours](#) of Zzzs for adults each night, but good sleep isn't always easy. [In some studies, more than a third](#) of Americans admitted to not getting enough rest.

"Sleep is important because it allows our bodies to recharge. Without enough sleep, our brains and bodies would not be able to function properly," says Logan Foley, a sleep science coach and managing editor for [SleepFoundation.org](#). She explains that as we get older, the quality of our sleep can deteriorate. This, she says, is often caused by our body's internal timekeeping system. "The body isn't able to process circadian rhythms efficiently, which causes older people to go to bed and wake up at earlier times," adds Foley.

Sleep apps can serve as a great motivational tool to help track the quality and quantity of your sleep and potentially provide insight to your personal sleep data. Here are 8 sleep apps to consider:

### [Pzizz](#)

Want some help falling asleep at night or a little assistance when looking to sneak in a daytime nap? This is what Pzizz was made for. It uses psychoacoustic principles, aka the branch of psychology that looks at the psychological effects of how humans perceive sounds. Pzizz aims to help you get to dreamland with a combination of recorded music, voiceovers and sound effects. There are even some sessions dedicated to helping you to improve your focus during the day.

### [Headspace](#)

Meditation can have a variety of benefits for some individuals. In addition to helping with [stress and anxiety](#), it can also help you to calm down and drift off to sleep. Headspace offers many types of meditations, including an entire section to do while lying in bed and preparing to fall asleep. These meditations are guided by a former Buddhist monk named Andy Puddicombe, who has a very soothing voice. Completely new to meditation? The app has an entire program dedicated to helping newbies find their Zen.

### [Sleep Sounds](#)

Do you like falling asleep to soothing sounds? This app may replace your white noise machine. From cats purring to heavy rain to the night sea, you'll find a variety of soothing sounds within the Sleep Sounds app. You'll also have fun trying out some of the app's more unusual sounds, like heavy thunder, wind in an open door, London train station, and a unicorn music box.

### [Sleep Reset](#)

Think of Sleep Reset as a sleep clinic inside an app. It includes sleep-inducing strategies that are based on cognitive behavioral therapy for insomnia. Users have the option to receive an in-depth sleep assessment from a professional, take lessons on sleep science, review sleep data and patterns that the app can track, listen to guided sleep meditations, partake in sleep-oriented exercises, and even connect to a sleep coach.

### [Slumber](#)

Want to fall asleep to a bedtime story? Slumber offers sleep meditations, bedtime stories (including some led by therapeutic hypnotist Dan Jones), and music and soundscapes that can help you to unwind from a long

day. You can also listen to immersive stories with guided imagery or calming music that makes you feel like you're walking over leaves in a crisp autumn forest.

### [Calm](#)

How does falling asleep to a story narrated by Academy Award-winning actor Matthew McConaughey or singer Michael Bublé sound? This app is known for its bedtime tales that pair soothing voices with calming music—and it has many famous narrators to choose from! It typically opens with a prompt to “take a deep breath” and then offers a variety of meditations to try out. The library is extensive, so it's unlikely you'll ever run out of creative ways to help you hit the hay.

### [Sleep Cycle](#)

If you're looking for an analysis of how well you sleep, this app may help you get started. Place your smartphone near your bed and this app monitors how much you move in your sleep, when you're still, if you snore, and more. It can also tell you all sorts of fun facts like the best possible time to wake up in the morning based on your personal sleeping patterns. Sleep Cycle works to teach users about their sleep quality, heart rate, how much time they spend in bed, as well as what time they typically fall asleep and wake up.

### [SnoreLab](#)

Keeping your partner up at night by snoring logs? This snoring management app may be able to help. SnoreLab tracks your snoring and can give you a whole host of fancy statistics to know about your snoring situation. It will also give you information about what causes snoring as well as solutions to try that may be able to help you to become less of a snorer. Less snoring generally equals better sleep, for both you and whoever you share your bed with!

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## Spring Happenings

From Mardi Gras to film festivals, here are some of Houston's biggest events coming in early 2023

Reprinted from Ryan Nickerson, Staff writer for the Houston Chronicle



People celebrate during the 35th Annual Houston Art Car Parade on Saturday, April 9, 2022, in downtown Houston. Mark Mulligan/Staff photographer

There is no shortage of festivals and events coming to the greater Houston area this year, many of which have tickets on sale now.

From the historic Mardi Gras festival in Galveston to a comedy festival, the art car parade, and festivals showcasing films from around the world, Houston

will no doubt have a busy year.

The Houston Chronicle put together a list of some of the most significant events to start the year.

### FEBRUARY

#### International Sports Film Festival: Feb 2-5

The [International Sports Film Festival](#) will showcase stories of athletes and sports figures who have made an impact in the world. The films will be shown in Downtown Houston- check the website for a complete list of films and times.

#### Mardi Gras! Galveston: Feb 10-21



The Krewe d'Esprit Rosaire Parade goes down 27th Street on Saturday, Feb. 10, 2018, in Galveston. Yi-Chin Lee, Houston Chronicle

The [112th celebration of Mardi Gras in Galveston](#) will have parades, headline performances, family events, and more. A variety of tickets are on sale now.

#### Indian Film Festival of Houston: Feb 23-25

The [15th Indian Film](#)

[Festival](#) will be hosted at the Asia Society Texas Center. Tickets are available to purchase now.

#### Tour De Houston: Feb 26

The [annual bike ride to raise funds for Houston's reforestation projects](#) offers bike routes through Houston's historic neighborhoods, districts and parks. The event begins at City Hall and there will be a post-ride party.

#### Houston Livestock Show and Rodeo: Feb 28- March 19

The famous [Houston Livestock Show and Rodeo is back at NRG](#) with tickets already on sale. Some acts have already been revealed, with more to come.

### MARCH

#### Houston Latino Film Festival: March 15-19

With seven years running, the [Houston Latino Film Festival](#) intends to increase awareness of Latino culture by presenting art and films to the Houston area. Films from all over Latin America, Spain, Portugal, and the United State will be shown.

#### Rodeo Whiskey & Wine Festival: March 18

The 2023 Rodeo Whiskey & Wine Festival will be held in Downtown Houston from 4 p.m. to 7 p.m. Rodeo attire is recommended. Tickets are on sale now.

#### The Riot Comedy Festival: March 23-26

A [four-day comedy festival with over 50 performers is coming to Montrose](#). The festival will include standup, improv, music, street performers, a street carnival with vendors, and more.

#### Bayou City Art Festival: March 24-26

One of Houston's signature art events, [the Bayou City Art Festival](#) features three days of art, music, food and entertainment. Tickets are not yet available to purchase, visit their website for more information.

### APRIL

#### Houston Folk, Blues, & Gospel Festival at Clear Lake: April 1

The [Houston Folk, Blues, & Gospel festival](#) will feature concerts, arts and crafts, a farmers market, and more with free admission and parking. The festival will be from 10 am to 9 pm. Reservations are available now.

#### Cajun Heritage Fest in Port Arthur: April 1

The [Cajun Heritage Fest will have crawfish](#), dancing, music, food and more. Tickets are available now.



Metacarskull, created by the Texas Wheelbarrow Association, travels down Allen Parkway during the 35th Annual Houston Art Car Parade on Saturday, April 9, 2022, in downtown Houston.

#### Orange Show Art Car Parade: April 10-16

The [Art Car Parade will host the annual parade](#) on Saturday, April 15 along Allen Parkway. Additional events will happen April 13 and 14 and 16, with more to be announced in the coming weeks.

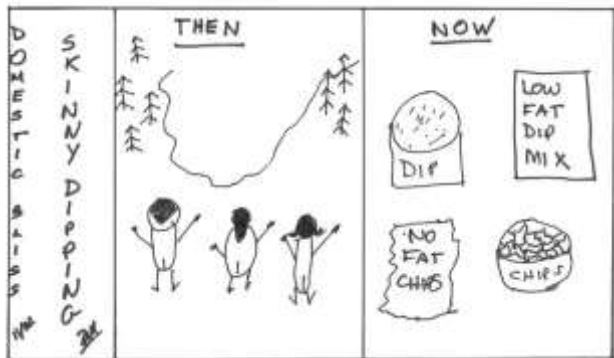
**The Woodlands Waterway Arts Festival: April 14-16**

For 18 years, [The Woodlands Waterway Arts Festival](#) has showcased nationally renowned art. The festival is set on the banks of The Woodlands Waterway and in Town Green Park and includes music, food and kid's activities. Visit their website to see the featured artists.

**15th Annual H-Town Blues Festival: April 21**

The [15th annual H-Town Blues Festival](#) will have live blues concerts at NRG Stadium at 8 p.m. Tickets are available for purchase, and parking can be paid for at the gate.

**LOAF Laughs:**  
**Domestic Bliss by Deb Murphy**



**Open Invitation**

LOAF BOD meetings are currently being held via Zoom on the 2nd Thursday of the month. They are always open to the membership. If you would like to attend, please email your request to [loafhoustonx@gmail.com](mailto:loafhoustonx@gmail.com).

**Newsletter Edits**

If you have a correction or addition for our newsletter, please send an email to [loafhoustonx@gmail.com](mailto:loafhoustonx@gmail.com)



March newsletter articles are due by February 24th.



**About LOAF**

LOAF is a social networking and support group for lesbians fifty (50 years of age and older, and their partners, whatever their age). LOAF is incorporated without a formal membership, so we do not have dues, but instead request contributions. This allows us to avoid submitting membership rolls to the State. This money is then used to cover the cost of the newsletter, website, supplies for some of the socials, etc. Contributions are \$30 per single and \$45 per couple.

Please Zelle contributions from your bank to [loafhoustonx@gmail.com](mailto:loafhoustonx@gmail.com) or mail contributions to

LOAF  
PO BOX 7207  
Houston, TX 77248-7207

Contributions will be prorated. All participants are to renew their membership in January of each year. A lapse of 3 months will prevent individual distribution of the newsletter. We offer a trial period for distribution of the newsletter to interested prospective members for 3 months. If, after the trial period has expired, the prospective member has not become a member, distribution will be discontinued.

Any woman experiencing financial hardship may participate on scholarship, free of charge. Scholarships are confidential. Contact any officer on the Board of Directors.

The newsletter team welcomes input for publication, i.e., articles of interest, poetry, etc. Please contact any Board member or email your submission to [loafhoustonx@gmail.com](mailto:loafhoustonx@gmail.com).

**Join our Facebook Group!**



Did you know LOAF has a Facebook Group? Well, we do -- and you can easily find many of our announcements and meeting links there.

Also, we post additional local information and stories that we feel are of interest, but we don't have enough space to include it in our Newsletter. Our Group is a "private" group and **will not show up on your personal Facebook page**. Contact one of our Admins and request to join; then we can send you an invitation. Admins are Janis Smith, Danita Cole, or Dawn Harrell.