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Your Board of Directors

LOAFERS, Inc. is incorporated as a not-for-profit 501(c)3.

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Danita Cole	Co-Editor
Dawn Harrell.....	Typesetter



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August 2021

August Calendar

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Thursday, August 5.....LOAF at MFAH1:00 pm
Museum of Fine Arts Houston

Thursday, August 12.....Board of Directors Meeting.....6:00 pm
Online Via Zoom

Saturday, August 14.....Womyn on the Move.....3:00 pm
@ Neon Boots

Sunday, August 15.....Meet and Greet.....2:00 pm
Online Via Zoom with Concert

Thursday, August 24.....Newsletter Deadline COB

Meet-n-Greets

August 15th

We will meet on Zoom in August and after coming to order and taking care of business, we will have a concert by a Blues Music Award



winner and friend of LOAF, GAYE A-DEG-BA-LO-LA This is how it reads at the top of her website. <https://adegbalola.com>

Gaye was a founding member of **Saffire-The Uppity Blues Women** (1984-2009) She plays guitar, slide guitar, harmonica and is a composer.

A former Virginia State Teacher of the Year, Gaye is also in demand for workshops and lectures. A long-time activist, she continues to provide a voice for those who have been marginalized by society. As of 2020, she continues to serve as Vice President and works on the Political Action Committee of her local NAACP chapter. By definition of her life's work, she is indeed a griot. Go to the website and check out this interesting woman and join us to hear her music.

LOAF 2021 Concert Series

Gaye Adegbalola 2:30 pm August 15
 Mama's Black Sheep 2:30 pm November 21

August Birthdays

- 01 Dee Jensen
- 02 Lorraine Schroeder
- 04 Kathy Hubbard
- 05 Roxanne Chericco
- 07 Nancy Ford
- 08 Mary Beth Carnathan
- 10 Karyn Compton
- 20 Mary Alice Mowry
- 23 Beth Higgs
- 29 Jan Russell

In Memoriam - August

- 2008 Joanna Duncan
- 2005 Judy Martin
- 2015 Connie Moore
- 2017 Mary Morgan
- 2004 Marti Sebern

Past Social

July: LOAF Bowling

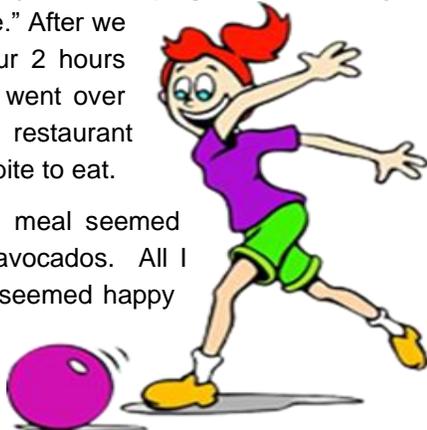


LOAF Bowling was a total blast!

We had a small group of a dozen participants; some bowled, some just cheered.

Someone asked, "Who's winning?", someone else said, "Don't think anyone is keeping track...we are just having a good time." After we were done with our 2 hours of bowling, we all went over to the Los Cucos restaurant nearby and had a bite to eat.

The most ordered meal seemed to be the stuffed avocados. All I know is everyone seemed happy with their selections.



Community Happenings

Monday Night Ladies Bowling League

Join the Monday Night Ladies Bowling League for fun, camaraderie, and exercise. The league begins on Monday, September 13th and we play for 27 weeks (except for holidays) through mid-April. We bowl at Del-Mar Lanes located at 3020 Mangum Road. Start time is 6:45pm each Monday.



The cost is about \$20-25 per week plus a onetime \$25 membership fee to USBC (United States Bowling Congress). The weekly fee includes shoe rental.

This is a handicapped league, so players of all skill levels are welcome including first time bowlers. Come by yourself or with a friend and we will put you on a team or bring a team (four members). End of league cash prizes are awarded for team and individual play.

For more information, please email Janice Martinez at jansm8@gmail.com.

Ladies Night



LADIES NIGHT SATURDAY COUNTRY & WESTERN PARTY!!!

*** Every Last Saturday of the month ***

*** Bring All Your Pals to Boot Scoot & Boogie to Country & Western Music. Guys are Always Welcome at Neon Boots Dancehall & Saloon!!!

THE BEST DRINK SPECIALS IN HOUSTON

- \$3.00 Wells & Domestic Drafts All Day
- \$4.00 Frozen Ginger Kitty

► NO Cover & Free Parking Open 5pm to 2am
 21+ to enter with valid ID

LOAF Spotlight

Meet Lorraine Schroeder (by Danita Cole)

This month's spotlight is on a fairly new member of LOAF, Lorraine Schroeder. Lorraine is the first director of the LGBTQ Resource Center at the University of Houston, which opened in May 2010. She holds a bachelor's degree in Education from the University of Wisconsin – Oshkosh and a master's degree in Clinical Psychology

from Antioch University. She has worked in Higher Education since 1997 in various capacities, including home-based



Family counseling, DePelchin Children's Center, and as a Counselor at San Jacinto College. She has also been involved and worked with academic advising and study skills coaching.

As the director of the LGBTQ Resource Center, Lorraine provides educational opportunities to various departments about the LGBTQ community through programs such as the Cougar Ally Training and Speaker's Bureau Panels. She also provides a safe space in the Center for students to relax, feel comfortable, and be themselves, as well as approach her with personal problems. She is an ear for students going through hard times and connects them to peers or other resources available on campus to aid them in overcoming obstacles.

Lorraine has applied for and received grants from The Diana Foundation, The Hollyfield Foundation, The LTR Lewis Cloverdale Foundation, and Bunnies on the Bayou. These grants helped her support many of the programs that help students have the support and connection to the university as well as local community organizations.

Lorraine received the Val DuMontier New Professional Award from ACPA College Student Educators International in 2013 and has received "The Ambassador Award" and the "Outstanding Professional Award of Excellence from the Division of Student Affairs and Enrollment Services." She aspires to use

her professional position to continue to make differences in students' lives.

It is not hard to see that Lorraine feels the accomplishments she is most proud of is not only her being the first director in the position she holds but the many collaborations with the staff at the university and other educators throughout the academic field, to help UH become one of the leaders in activism for LGBTQ inclusivity and diversity. In 2014, the UofH was named one of the South's most LGBT-friendly campuses. "We have come a long way and made lots of progress, however there is still a long way to go," says Lorraine

On a more personal note, I found out Lorraine enjoys yoga, walking, bike riding, and making earrings. In the future she hopes to expand and cultivate her creativity, take a few classes in jewelry making, and/or a plant-based nutrition course. She loves to cook and experiment without being confined to a recipe; trying new and different things. Lorraine loves nature and spending time in it. She wants to take more road trips in the future. Her goal is to travel at least twice a year, one trip inside the U.S. and one outside.

When asked what she loved most about her life Lorraine she said with all life's hardships. she has come evolved to be where she can base decisions with the freedom of being in a good place and knowing who she is and what she wants; doing things that make her happy.

Thoughts and Prayers

Please keep the following LOAF members in mind. A card, email or phone call is always welcomed.

- Condolences to Suzy Lovejoy on the recent passing of her mother, July 9th.
- Susan Fronek (she is house bound)
4010 Feagan Street, #2, Houston, TX 77007
713-861-8427.
- Pam Kunkle-Moberley (condolences for loss of her wife, Connie Moberley) 832-275-0724,
kunklepa@sbcglobal.net [Link to Obituary](#)

If you would like to be added to this list, or know of someone who should be either added or removed from this list, please send an email to loafhoustontx@gmail.com.



Upcoming Socials

- September Social Not determined.

*Does a member have an idea you'd like to throw out there? Please send a message via Facebook or to loafhoustonx@gmail.com

- October Thursday Steak Night at Pearl Bar
~Date TBD

Womyn On The Move

We are Back at Neon Boots

July 10th was the return of Womyn On The Move on second Saturdays of the month. From 3-6 pm we had a chance to dance, visit, and mingle at a comfortable and friendly place. Neon Boots and Debbie Stors welcomed us back after being away so long.



We had 31 participants and were grabbing tables to push together to accommodate all of us. Laughter and verbal antics could be heard while all of us were just having a good ole time. The bartender took really good care of us (we need to be sure and take care of him).

So, I'm thinking everyone should come on out next month and dust off them boots or whatever you put on your feet and come join us!

There is no Cover Charge. This event is **OPEN TO ALL** and the more the merrier!



Note: As of the time of this publication **FACE MASKS ARE STILL REQUIRED AT NEON BOOTS** -- your temperature will be taken when you walk in.

About LOAF

LOAF is a social networking and support group for lesbians fifty (50 years of age and older, and their partners, whatever their age). LOAF is incorporated without a formal membership, so we do not have dues, but instead request contributions. This allows us to avoid submitting membership rolls to the State. This money is then used to cover the cost of the newsletter, website, supplies for some of the socials, etc. **Contributions are \$30 per single and \$45 per couple.**

Please Zelle contributions from your bank to loafhoustonx@gmail.com or mail contributions to

- LOAF
PO BOX 7207
Houston, TX 77248-7207

Contributions will be prorated. All participants are to renew their membership in January of each year. A lapse of 3 months will prevent individual distribution of the newsletter. We offer a trial period for distribution of the newsletter to interested prospective members for 3 months. If, after the trial period has expired, the prospective member has not become a member, distribution will be discontinued.

Any woman experiencing financial hardship may participate on scholarship, free of charge. Scholarships are confidential. Contact any officer on the Board of Directors.

The newsletter team welcomes input for publication, i.e., articles of interest, poetry, etc. Please contact any Board member or email your submission to loafhoustonx@gmail.com.

Dues Reminder

Dues are due each year in January. Please, if you have not already; mail your 2021 dues donation. \$30 Individual /\$45 Couple to LOAF, P.O. Box 7207, Houston, TX 77248-7207 or Zelle it from your bank to loafhoustonx@gmail.com.



September newsletter articles are due by August 19th.

Potpourri: (By Julie Fischer)

LOAFer Janis Smith joined some of her friends for a fun outing exploring the Painted Churches of Texas.



This day trip from Houston to the hills surrounding Schulenburg was delightful and we were able to visit four of the churches (there are around 20). We also stopped for lunch at The Garden Company in Schulenburg (a “Ladies Who Lunch” type place). We added a tour of the Texas

Czech Heritage and Cultural Center in La Grange and learned more about the history of the area. This part of Texas’ early history was so interesting to learn, and the churches gave us an understanding of the importance of church and the communities that the early settlers built to support themselves in fellowship. One of the Churches still had the original interior painting by a Swiss painter (unfortunately I did not realize Janis was going to ask for an article so did not save any of the material from the trip).



The Painted Churches we visited are in the communities of Dubina, High Hill, Praha, and Ammannsville. They appear unassuming as you approach them, but as you enter the front doors prepare to have your breath taken away by the incredible beauty found inside. They

also have stunning stain glass. It is recommended to begin at the Schulenburg Chamber and Visitor Center for a map.

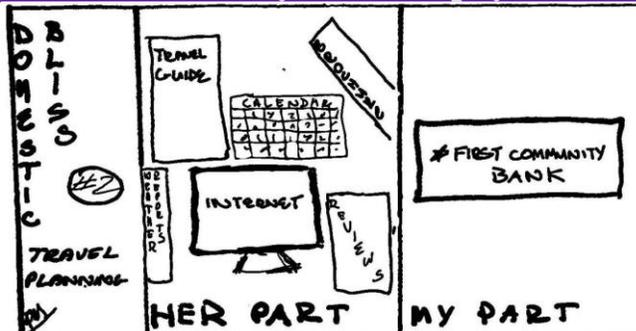


I have to say the Saints Cyril and Methodius Catholic Church and Saint Mary’s were my favorite. Saint Cyril has a beautiful blue interior and decorated with stars, floral stenciling and angels. While Saint Mary’s Catholic Church in High Hill is breathtaking, it feels like

every inch of this red-brick building is painted, gilded, or adorned in some way. Built in 1895, St. Mary’s is one of the oldest painted churches and the first Catholic church in Texas with a predominantly Czech congregation.

All these Churches are still in service and hold mass on Sundays. Through the Schulenburg Chamber you can book a guided tour, we opted for the self-tour and were happy with wandering at our own pace.

LOAF Laughs: Domestic Bliss (By Deb Murphy)



Newsletter Edits

If you have a correction or addition for our newsletter, please send an email to loafhoustontx@gmail.com.

Membership Updates

If you have moved or experienced a phone number change and need to update your membership records, provide that change to any Board member, or email your changes to loafhoustontx@gmail.com.

Open Invitation

LOAF BOD meetings are currently being held via Zoom on the 2nd Thursday of the month. They are always open to the membership. If you would like to attend, please email your request to loafhoustontx@gmail.com.

Volunteer Opportunities

Would you like to help?

If you have 2-4 hours of free time each month and want to reach out to members, contact Roxanne Cherico @ 713.598.6875.

Call for Volunteers

We need volunteers to serve on the many committees, such as Socials Committee and Meet & Greet Committee. Please email Lavita at lavitasm@aol.com for more information.