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Your Board of Directors

LOAFERS, Inc. is incorporated as a not-for-profit 501(c)3.

Officers

Roxanne Cherico President
 Lavita Marks Vice-President
 Dawn Harrell Treasurer
 Janis Smith Secretary
 Arden Eversmeyer President Emerita

Directors

Danita Cole Director
 Lucretia Copeland Director
 Margaret Thibodeaux Director

Newsletter

Janis Smith Co-Editor
 Danita Cole Co-Editor
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Issue: No. #2021-4

May 2021

May Calendar

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Tuesday, May 4 **May Social** **9:00 am**
 LOAF goes to the Zoo

Thursday, May 13 **Board of Directors Meeting** **6:00 pm**
 Online Via Zoom

Sunday, May 16 **Meet & Greet** **2:00 pm**
 What is Zoom?-How it works, Tips & Tricks

Monday, May 24 **Newsletter Deadline** **COB**

Meet-n-Greets

May 16th: What is Zoom – How it works, Tips & Tricks

Zoom is a video conferencing platform and Zoom meetings have become a central part of everyday life during the pandemic. Zoom has become a household name after enjoying a breakout year, due in a large part due to the pandemic and rise of remote working. Zoom is used to host meetings with remote colleagues and a useful tool for keeping in touch with friends and family. Zoom video conferencing is celebrated for its ease of use, high quality video and audio, and collaboration facilities - and the basic version is also completely free of charge.

- Getting started with Zoom:
- Where do I download the latest version of Zoom?
- How do I use Zoom on my PC or Mac?
- Do you need an account to use Zoom?
- How do I sign up for Zoom?
- How do I join a Zoom meeting?
- How do I join computer/device audio?
- Can I use a Bluetooth headset?

What is Zoom...cont. from page 1

- Do I have to have a webcam to join on Zoom?
- Meeting and webinar features:
- How do I share my screen?
- Can I record my meeting?
- Where do I find my recording?
- My Zoom account:
- How do I reset my password?
- Troubleshooting

May Birthdays

- 05/02 Meredith Johnson
- 05/02 Linda Owen
- 05/04 Rebecca Kevton
- 05/05 Terri Mote
- 05/07 Deborah Bradford
- 05/12 Karen Meyer
- 05/13 Nancy Camp
- 05/13 Dawn Harrell
- 05/17 Annise Parker
- 05/18 Jenny Trevino
- 05/21 Rose Gutierrez
- 05/24 Barbara Young
- 05/25 Jackie Goff
- 05/25 Lavita Marks
- 05/28 Bee Jay (Earthea) Nance
- 05/28 Janice Mann



☹️* Correction to April's Birthdays. 04/29 is Vicki McClanahan's Birthday not her partner Regina.

LOAF 2021 Concert Series

Virtual Concert Dates

Gaye Adegbalola2:30 pm.....August 15
 Mama's Black Sheep2:30 pm..... November 21

Dues Reminder

Dues are due each year in January. Please, if you have not already; mail your 2021 dues donation. \$30 Individual /\$45 Couple to LOAF, P.O. Box 7207, Houston, TX 77248-7207 or Zelle it from your bank to loafhouston.tx@gmail.com.

Newsletter Edits

If you have a correction or addition for our newsletter, please send an email to loafhouston.tx@gmail.com.

DEADLINE June newsletter articles are due by May 24th.

About LOAF

LOAF is a social networking and support group for lesbians fifty (50 years of age and older, and their partners, whatever their age). LOAF is incorporated without a formal membership, so we do not have dues, but instead request contributions. This allows us to avoid submitting membership rolls to the State. This money is then used to cover the cost of the newsletter, website, supplies for some of the socials, etc. **Contributions are \$30 per single and \$45 per couple.**

Please Zelle contributions from your bank to loafhouston.tx@gmail.com or mail contributions to

- LOAF
 PO BOX 7207
 Houston, TX 77248-7207

Contributions will be prorated. All participants are to renew their membership in January of each year. A lapse of 3 months will prevent individual distribution of the newsletter. We offer a trial period for distribution of the newsletter to interested prospective members for 3 months. If, after the trial period has expired, the prospective member has not become a member, distribution will be discontinued.

Any woman experiencing financial hardship may participate on scholarship, free of charge. Scholarships are confidential. Contact any officer on the Board of Directors.

The newsletter team welcomes input for publication, i.e., articles of interest, poetry, etc. Please contact any Board member or email your submission to loafhouston.tx@gmail.com.

Open Invitation

LOAF Board of Directors meetings are currently being held via Zoom on the 2nd Thursday of the month. They are always open to the membership. If you would like to attend, please email your request to loafhouston.tx@gmail.com.

Membership Updates

If you have moved or experienced a phone number change and need to update your membership records, provide that change to any Board member, or email your changes to loafhouston.tx@gmail.com.

In Memoriam - May

2006	Gayle Birk
2020	Ashley Blakely
2006	Dot Brooks
2005	Sharon Gilmore
2016	Ellen Goodrich
2016	Ramona Hagler
2021	Hazel Lee
2008	Carol Parsons
2021	Renata Reibel
2016	Kiki Santikos

Thoughts and Prayers

Please keep the following LOAF members in mind. A card, email or phone call is always welcomed.

- Janan Crowder passed away April 6, 2021.
Longtime member of LOAF who had moved to San Antonio a couple of years ago. Condolences to her niece Jerry Morgan and family/friends that loved her.
- Condolences to Phyllis Frye on the loss of her wife of 47 years, Trish Frye, who passed away on September 28, 2020, PRFrye@aol.com, 713-227-1717.
[The legacy of Trish Frye: Finding love and fighting for it](#)
- Susan Fronek (she is house bound)
4010 Feagan Street, #2, Houston, TX 77007
713-861-8427.
- Pam Kunkle-Moberley (condolences for loss of her wife, Connie Moberley)
832-275-0724, kunklepa@sbcglobal.net
[Link to Obituary](#)

If you would like to be added to this list, or know of someone who should be either added or removed from this list, send an email notification to loafhoustonx@gmail.com.



Upcoming Socials

May: LOAF Goes to the Zoo

LOAF goes to the Houston Zoo on **Free Tuesday May 4, 2020!!** Meet us at the Zoo front gate at 9 a.m. LOAF will rent scooters for those who would like to ride around the zoo. The \$32 scooter rental fee is paid for by our generous Kellett Foundation grant.

Please email Lavita at lavitasm@aol.com to RSVP by April 27th. LOAF will reserve tickets on April 28th. Note that tickets **ARE NOT** available at the gate at this time, **reservations are required.** Also Note: no dogs are allowed at the zoo.

Outside food, drink, and coolers ARE allowed. For the safety of the animals, guests may NOT bring:

- Glass bottles
- Alcoholic beverages
- Plastic straws

Note on scooters: The motorized scooter is a single person chair only.



New at the zoo!!! On March 10, shortly after 11:00 a.m., 10-year-old Asian elephant Tupelo gave birth to a 284-pound female calf, and she began to nurse within a few

hours. This is the first calf for Tupelo, whose pregnancy was the result of artificial insemination since she is related to all the male elephants at the Zoo. The calf raises the number of elephants in the Houston Zoo herd to 12 – five males and seven females.

Also, there is a giraffe feeding experience!

We hope you will be able to join us!



The Houston Zoo connects communities with animals to inspire action to save wildlife. The Zoo is home to over 6,000 permanent residents (animals) for whom we provide the highest standard in animal care. Each year, the Zoo welcomes over 2 million guests to experience our incredible animals and ecosystems and, through admission tickets and membership, help fund the protection efforts of every species at the Zoo, in the wild. The Houston Zoo is proud to be the 2nd most visited Zoo in the US, and the most-attended cultural attraction in the region.

LOAF "Socials" events are made possible by our John Steven Kellett Foundation, Inc. grant.

Past Social

April: Party in the Park

April 10th was our afternoon at the Houston Arboretum and Memorial Park. It ended up being the perfect day for a picnic!

Everyone met at the Arboretum at 1:00 pm and we were able to walk the Wildflower trail, looking at the wildflowers and walking in the beautiful weather. Some ventured off a bit to other areas. There was plenty to see. The seating along the way was a good chance to chat and gather for what was next.



Around 2:30 pm we moved our gathering to the park and settled under the trees for community, a picnic lunch, and a bit of shenanigans. Then some who were familiar players and the many beginners present were introduced to a game of washers. We had a mini brackets tournament and the winners were announced at the end with Starbucks gift cards as prizes.



1st Dawn & Page



2nd Gracia & Donna



Coming Soon!

June Meet & Greet!

Marilyn Mooney, LPC Associate. Marilyn is a member of LOAF, a motivational speaker, LGBTQ+ advocate, and licensed therapist who values community, service, and excellence. She is on a mission to share the power of showing up, speaking out, and letting ourselves be seen. She is interested in speaking on several topics:

**The Power of Owning Our Story:
Queer, Disabled, and Over 50**

Self-Care & Self-Compassion

Coping Skills Bingo

Marilyn has been through her own struggles and becoming a counselor has made it a continuing source of healing through helping others. She deals with varied issues and is available for a free consultation. Asking for help is the first step to finding your own healing.



Counseling is a journey to embrace what is, heal from what was, and find hope for what is to come.

To find out more about Marilyn please go to:

<https://marilynmooney.com>

www.joanneketch.com/marilyn

<https://www.psychologytoday.com/us/therapists/marilyn-mooney-katy-tx/828373>

Volunteer Opportunities

Would you like to help?

If you have 2-4 hours of free time each month and want to reach out to members, contact Roxanne Chericco @ 713.598.6875.

Call for Volunteers

We need volunteers to serve on the many committees, such as Socials Committee and Meet and Greet Committee. Please email Lavita at lavitasm@aol.com for more information.