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Your Board of Directors

LOAFERS, Inc. is incorporated as a not-for-profit 501(c)3.

Officers

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 Dawn Harrell Treasurer
 Janis Smith.....Secretary
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 Margaret ThibodeauxDirector

Newsletter

Janis Smith..... Co-Editor
 Danita Cole Co-Editor
 Dawn Harrell.....Typesetter



LOAF NEWSLETTER

PO Box 7207, Houston, TX 77246-7207

loafhoustonTX@gmail.com

Issue: No. #2021-3

April 2021

April Calendar

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

- Thursday, April 8** **Board of Directors Meeting**6:00 pm
 Online Via Zoom
- Saturday, April 10** **April Social**2:00 pm
 Party in the Park
- Sunday, April 18** **Meet & Greet**1:00 pm
 Online via Zoom (Featuring Deidra Mc Calla Concert)
- Wednesday, April 24** **Newsletter Deadline** COB
- Tuesday, May 4** **May Social**9:00 am
 LOAF Goes to the Zoo
- Sunday, May 16**..... **Meet & Greet**2:00 pm
 What is Zoom? – How it works, Tips & Tricks

Meet-n-Greets

April 18th : Deidra McCalla



Deidra McCalla is coming to LOAF live via Zoom on April 18, 2021, at 2:30 pm for a concert!!!

The Miami Herald affectionately dubs her a "dreadlocked troubadour." From Maui to Maine, college coffeehouses to Carnegie Hall, Deidra McCalla is a much beloved performer in both folk and women's music circles and has shared the stage with a long list of notables that includes Suzanne Vega, Tracy Chapman, Holly Near, Odetta, Cris Williamson, and Sweet Honey in the Rock. With five critically acclaimed albums to her credit, Deidra McCalla remains the ever seeking road warrior, her words and music chronicling our strengths and weaknesses and celebrating the power and diversity of the human spirit.

Deidra is a longtime friend and fan of LOAF; we are honored to have her zoom us! For more information about Deidra see her website at <https://deidremccalla.com>.

May 16th :What is Zoom – How it works, Tips & Tricks

Zoom is a video conferencing platform and Zoom meetings have become a central part of everyday life during the pandemic. Zoom has become a household name after enjoying a breakout year, due in a large part due to the pandemic and rise of remote working. Zoom is used to host meetings with remote colleagues and a useful tool for keeping in touch with friends and family. Zoom video conferencing is celebrated for its ease of use, high quality video and audio, and collaboration facilities - and the basic version is also completely free of charge.

- Getting started with Zoom:
- Where do I download the latest version of Zoom?
- How do I use Zoom on my PC or Mac?
- Do you need an account to use Zoom?
- How do I signup for Zoom?
- How much does Zoom cost?
- How do I join a Zoom meeting:
- How do I join computer/device audio?
- Can I use a Bluetooth headset?
- Do I have to have a webcam to join on Zoom?
- Meeting and webinar features:
- How do I share my screen?
- Can I record my meeting?
- Where do I find my recording?
- My Zoom account:
- How do I reset my password?
- Troubleshooting

Open Invitation

LOAF Board of Directors meetings are currently being held via Zoom on the 2nd Thursday of the month. They are always open to the membership. If you would like to attend, please email your request to loafhoustontx@gmail.com.

Membership Updates

If you have moved or experienced a phone number change and need to update your membership records, provide that change to any Board member or email your changes to loafhoustontx@gmail.com.

Newsletter Edits

If you have a correction or addition for our newsletter, please send an email to loafhoustontx@gmail.com.

DEADLINE May newsletter articles are due by April 24th.

LOAF 2021 Concert Series

Virtual Concert Dates

Deidra McCalla2:30 pm.....April 18
 Gaye Adebbalola2:30 pm.....August 15
 Mama's Black Sheep.....2:30 pm.....November 21

About LOAF

LOAF is a social networking and support group for lesbians fifty (50 years of age and older, and their partners, whatever their age). LOAF is incorporated without a formal membership, so we do not have dues, but instead request contributions. This allows us to avoid submitting membership rolls to the State. This money is then used to cover the cost of the newsletter, website, supplies for some of the socials, etc. **Contributions are \$30 per single and \$45 per couple.**

Please Zelle contributions from your bank to loafhoustontx@gmail.com or mail contributions to

- LOAF
 PO BOX 7207
 Houston, TX 77248-7207

Contributions will be prorated. All participants are to renew their membership in January of each year. A lapse of 3 months will prevent individual distribution of the newsletter. We offer a trial period for distribution of the newsletter to interested prospective members for 3 months. If, after the trial period has expired, the prospective member has not become a member, distribution will be discontinued.

Any woman experiencing financial hardship may participate on scholarship, free of charge. Scholarships are confidential. Contact any officer on the Board of Directors.

The newsletter team welcomes input for publication, i.e., articles of interest, poetry, etc. Please contact any Board member or email your submission to loafhoustontx@gmail.com.

Dues Reminder

Dues are due each year in January. Please, if you haven't already; mail your 2021 dues donation. \$30 Individual /\$45 Couple to LOAF, P.O. Box 7207, Houston, TX 77248-7207 or Zelle it from your bank to loafhoustontx@gmail.com.

April Birthdays

- 04/01 Maureen Barber
- 04/02 Catherine Swilley
- 04/03 Susan Fronck
- 04/04 Alyce Brown
- 04/04 Arden Eversmeyer
- 04/04 Sandra Lazarone
- 04/05 Barbarba Thibodeaux
- 04/07 Judy Gaines
- 04/10 Sandi Smith
- 04/15 Kelly Price
- 04/19 Margaret Thibodeaux
- 04/23 Kathy McPhie
- 04/27 Jan Pasternak
- 04/29 Regina Dotson



In Memoriam - April

- 2018 Charlotte Avery
- 2011 Nicky Baggett
- 2014 Jean Cope
- 2014 Jo Danz
- 2014 Fran Eaton
- 2015 Joan Evans
- 2014 Mo Kennedy
- 1991 Pat McWhirter
- 2016 Rona O'Quinn
- 2015 June Palmer
- 2009 "Babe" Parker

Thoughts and Prayers

Please keep the following LOAF members in mind. A card, email or phone call is always welcomed.

- Condolences to Phyllis Frye on the loss of her wife of 47 years, Trish Frye, who passed away on September 28, 2020, PRFrye@aol.com, 713-227-1717
[The legacy of Trish Frye: Finding love and fighting for it](#)
- Susan Fronck (she's house bound)
4010 Feagan Street, #2, Houston, TX 77007
713-861-8427
- Pam Kunkle-Moberley (condolences for loss of her wife, Connie Moberley)
832-275-0724, kunklepa@sbcglobal.net
[Link to Obituary](#)

If you would like to be added to this list, or know of someone who should be either added or removed from this list, send an email notification to loafhoustontx@gmail.com.

Coming Soon!

June Meet & Greet!

Marilyn Mooney, LPC Associate. Marilyn is a motivational speaker, LGBTQ+ advocate, and licensed therapist who values community, service, and excellence. She is on a mission to share the power of showing up, speaking out, and letting ourselves be seen. Her topic is titled: **The Power of Owning Our Story: Queer, Disabled, and Over 50.**



More information coming soon!

Past Social

March: LOAF Paints the Town!

Saturday March 13th LOAF held a virtual painting event that was a lot of fun! Nineteen of us participated and, since it was virtual, one of our new members, Karen Evans, was able to join us from Virginia!



Our professional local artist was Gaby from Pinot's Palate. She provided step-by-step instructions, giving us tips along the way. Everyone had a great time and we all ended up with a beautiful, finished product – no two exactly alike and each as colorful as a rainbow!

Pinot's Palate is a woman-owned business (Meredith Lanning) based in Katy, TX. If you would like to try this type of Social in the future, please let the Board know you are interested. I know for a fact a few of us would love to do it again.

Volunteer Opportunities

Would you like to help?

If you have 2-4 hours of free time each month and want to reach out to members, contact Roxanne Cherico @ 713.598.6875.

Call for Volunteers

We need volunteers to serve on the many committees, such as Socials Committee and Meet and Greet Committee. Please email Lavita at lavitasm@aol.com for more information.

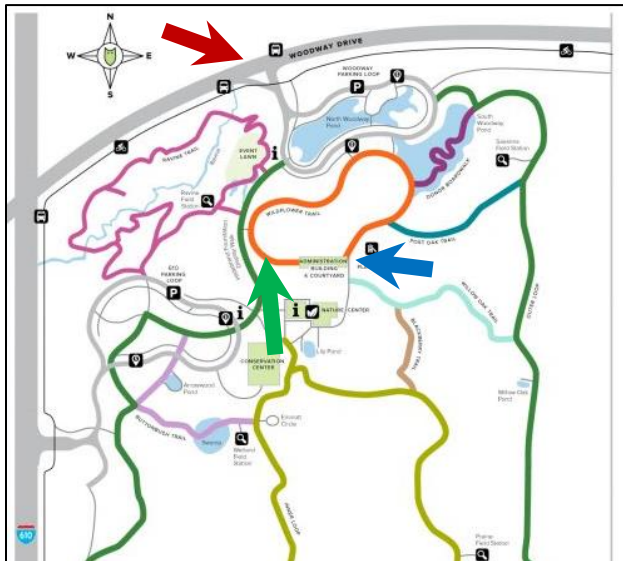
Upcoming Socials

April: Party in the Park

It's SPRING!! The plants are blooming, the air is clear! Join LOAF on April 10th for an afternoon at Memorial Park.

We will start our event at 1 pm at the Houston Arboretum for a socially distanced walk on the Wildflower Trail. Enter the Arboretum from the Woodway entrance at 4501 Woodway, parking area 3411 (red arrow on the map), check in with the LOAF parking monitor for your paid parking and then meet with our group at the administration building/courtyard (blue arrow).

Don't forget your mask; the park requires them!



The Wildflower Trail (green arrow) is .28 miles of very level packed red gravel and is wheelchair accessible (no electrical or gas scooters allowed) and has plenty of seating along the trail for you to stop and enjoy nature or take pictures.

Following our walk, we will meet just up the street on Picnic Lane at 2:30 for a late lunch of sandwiches, chips, and cookies and for some community and lawn games, i.e., washers, etc. Water will be provided at lunch, but feel free to bring a different beverage if you prefer something else.

There are lots of other trails to explore if you'd like to go back to the arboretum after eating. We hope you will come out to all or even just part of this event. If you are interested please RSVP Lavita by April 3 at lavitasm@aol.com. She will be sending out an email with more info & we need a head count for lunch.

May: LOAF Goes to the Zoo

LOAF goes to the Houston Zoo on **Free Tuesday May 4, 2020!!** Meet us at the Zoo front gate at 9 am. LOAF will rent scooters for those who would like to ride around the zoo. The \$32 scooter rental fee is paid for by the generous Kellett Foundation grant.

Tickets are not available at the gate at this time; we will need your RSVP. **Please email Lavita at lavitasm@aol.com to RSVP by April 27.** LOAF will purchase the reserved tickets April 28th. Again, please note, tickets ARE NOT available at the gate at this time, **reservations are required.**

Outside food, drink, and coolers are allowed. For the safety of the animals, guests may NOT bring:

- Glass bottles
- Alcoholic beverages
- Plastic straws

Note on scooters: The motorized scooter is a single person chair only.

No dogs allowed at the zoo.



New at the zoo!!! On March 10, shortly after 11:00 a.m., 10-year-old Asian elephant Tupelo gave birth to a 284-pound female calf, and she

began to nurse within a few hours. This is the first calf for Tupelo, whose pregnancy was the result of artificial insemination since she is related to all the male elephants at the Zoo. The calf raises the number of elephants in the Houston Zoo herd to 12 – five males and seven females.

Also, there is a giraffe feeding experience!

We hope you will be able to join us!

The Houston Zoo connects communities with animals to inspire action to save wildlife. We are home to over 6,000 permanent residents (our animals) for whom we provide the highest standard in animal care. Each year, we welcome over two million guests who come to experience our incredible animals and ecosystems, and through their admission ticket or membership, help us fund the protection efforts of the counterparts of every species at the Zoo, in the wild. We are proud to be the second most visited Zoo in the US, and the most-attended cultural attraction in the region.

LOAF "Socials" events are made possible by our John Steven Kellett Foundation, Inc. grant.